

Cliff Avenue United FC Players Code of Conduct

Fair Play

- I pledge to learn, understand, and follow the written rules of soccer and the accepted rules of fair play.
- It is my responsibility to maintain self-control. I will accept officials' decisions without argument, play with intensity and desire but without hostility, and behave graciously in triumph or defeat.
- I will remember that winning isn't everything – that having fun, improving skills, making friends and doing my best are just as important.
- I will always play for the good of my teammates and be a model representative for Cliff Avenue United FC.

Respect for Others

- I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.
- I believe that verbal abuse, violence and physical intimidation are harmful to sport, and I will not use such tactics.
- I will conduct myself with pride and dignity and will wholeheartedly applaud the efforts of my teammates.
- I understand that officials, teammates and opponents are integral to the success of the club and are worthy of my respect.

Health & Safety

A concussion is a rare but serious injury in soccer. It is an injury to your brain. It can be caused by a blow to your head, face or neck, or even by the sudden movement of your head, face, or neck. For example, if two players accidentally hit their heads together that could cause a concussion to one or even both of the players.

A concussion can cause both long term and short term side effects such as headaches, feeling dizzy, having blurry vision, or having stomach pains. You do not need to be knocked out to have a concussion.

- If I think I may have a concussion I will stop playing immediately and tell my coach and parents. Also, if I have any other type of injury or if I am feeling too sick to play, I will stop playing immediately and tell my coach and parents.
- I understand that continuing to play with a possible concussion may increase my risk of experiencing worse and longer concussion related symptoms, as well as increasing my risk of other injuries.
- I will not hide any signs or symptoms of a concussion. I will tell my coach, parent, or responsible adult if I think I may have a concussion.
- I understand that if I experience any signs or symptoms of a concussion then I will not be able to keep playing.
- I also understand that if I experience any signs or symptoms of a concussion then I will need to go to a Doctor who has experience in treating concussions. I will follow the Doctor's instructions and my team's Return to Play Policy before I return to playing games again.

I understand and agree to follow the Players Code of Conduct.

Name of Child

Date: _____